

BUFFETS

AND

BANQUETS

AUSTIN

BIRMINGHAM

COURT

**CONFERENCE
CATERING MENU 2024**

VENUES FROM: **IET**

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All prices quoted are subject to VAT at the prevailing rate and are valid from 3 July 2023 to 31 March 2024. IET Birmingham: Austin Court reserves the right to amend menu prices in line with inflation.

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BREAKFAST

(All rates exclude VAT)

Hot breakfast rolls

- Brioche roll – Smoky bacon and sun blushed tomato (598 kcal)
- Brioche roll – Langford's sausage and chestnut mushroom (642 kcal)
- Brioche roll – Free range egg omelette and Hereford Hop cheese (570 kcal)

£4.95

per person

Open bagel (237 kcal)

- Cream cheese, chilli and avocado

£4.35

per person

Mini pastry selection (88 kcal)

- Selection of mini croissants, chocolate twists and mini pain au chocolat

£2.70

per person

plus vat

Muffins (224 kcal)

- Selection of berry and chocolate muffins

£2.70

per person

Mini pain au chocolat (102 kcal)

£2.55

per person

Handpicked market fruit basket (10 piece) (87 kcal)

£10.50

Handpicked market fruit basket (15 piece) (137 kcal)

£15.50

Piece of fruit (81 kcal)

£1.10

per person

Fresh fruit pot (31 kcal)

£1.50

per person

DRINKS

Assorted fruit juices

£4.85

per litre

Mineral water

£2.75

per litre

Freshly-brewed tea and coffee

£2.50

per person

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CONFERENCE BREAKS

(All rates exclude VAT)

Tea, coffee and pastry selection Tea, coffee and a selection of tempting pastries Selection of mini croissants, chocolate twists and mini pain au chocolat (88 kcal)	£4.80 per person
Tea, coffee and bite size mini cake selection (80 kcal) Herbal, fruit teas, and decaffeinated coffee available on request	£6.85 per person
Tea, coffee and biscuits (71 kcal per biscuit) Herbal, fruit teas, and decaffeinated coffee available on request	£3.75 per person
Tea or coffee	£2.75 per person
Add a cake break to your tea or coffee, and choose from the following: Gluten free Genoa fruit cake (125 kcal) - £2.65 Lemon drizzle cake (175 kcal) - £2.65 Mini vegan red velvet cake (254 kcal) - £4.35 Gluten free caramel heaven (304 kcal) - £4.35 Bite size mini cake selection (321kcal) - £4.80	
Tea, coffee and fruit (87 kcal) Selection of individual pieces of fresh fruit	£3.20 per person
Fruit juice A selection of orange, apple and cranberry juice	£4.85 per litre
Bottled water Still and sparkling water	£2.75 per litre
Soft drinks Selection of Coca-Cola®, Diet Coke®, Fanta or 7 Up®	£1.75 per can

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LIGHT LUNCH OPTIONS

(All rates exclude VAT)

We recommend each platter will serve up to 10 delegates.

Each platter offers a mix of meat, fish and vegetarian.

Minimum numbers: 10

Assorted sandwich selection (361 kcal)	£9.55 per person	£95.50 per platter
Assorted sandwich selection (361 kcal) and assorted crisps	£10.40 per person	£104.00 per platter
Assorted sandwich selection (361 kcal) and seasonal leaf salad (33 kcal)	£12.66 per person	£126.60 per platter
Assorted sandwich selection (361 kcal), seasonal leaf salad (33 kcal), and handpicked market fruit basket - 1 pieces per person (81 kcal)	£14.62 per person	£146.20 per platter
Assorted sandwich selection (361 kcal), cajun spice dusted potato wedges (298kcal)	£11.81 per person	£118.10 per platter
Assorted sandwich selection (361 kcal), cajun spice dusted potato wedges (298kcal) chef's choice salad (54 kcal)	£13.00 per person	£130.00 per platter

LIGHT LUNCH ENHANCEMENTS

Selection of crisps	95p per person
Handpicked market fruit basket (10 piece) (87 kcal)	£10.50 per platter
Bite size mini cake selection (321 kcal)	£4.80 per person
Mixed topped doughnuts (316 kcal)	£3.65 per person
Selection of mini macaroons (57 kcal)	£3.65 per person

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BOXED WORKING HOT LUNCH

(All rates exclude VAT)

Minimum numbers: 10

Please select one of the menus below:

£13.50
per person

Oriental Box

Chicken and black bean sauce served with brown rice (862 kcal)
Mushroom and black bean sauce served with brown rice (vg) (465 kcal)
Rice crackers (142 kcal)

Pie & Mash Box

Creamy chicken and mushroom shortcrust pastry pie (520 kcal)
Colcannon mash potato (107 kcal)
Mixed seasonal vegetables in puff pastry pie (475 kcal)

Pasta Box

Layered beef, Worcestershire sauce, mac n cheese bake (793 kcal)
Mixed bean and spinach penne pasta, cocktail tomatoes (V) (488 kcal)
Garlic bread (236 kcal)

Spiced Brummie Box

Chicken biryani (696 kcal)
Vegan vegetable biryani (vg) (580 kcal)
Onion bhaji (67 kcal)
Naan breads (109 kcal)

Mexigo Box

Jacket potato and chilli (863 kcal)
Jacket potato and vegan chilli (vg) (691 kcal)
Garlic bread (236 kcal)

ADDITIONAL SIDE SALAD

£3.95
per person

Red onion, cucumber, mint yoghurt (35 kcal)
Seasonal mushrooms, penne pasta, red pepper pesto (268 kcal)
Vine rustic tomato, marinated olives, gem hearts (93 kcal)
Asian curried slaw, apricots (174 kcal)
Wheatberry kernels, beetroot, cous-cous, goats cheese, lemon vinaigrette (221 kcal)

DESSERTS

£5.30
per person

Caramel heaven (gf) (210 kcal)
Carrot cake (gf) (316 kcal)
Chocolate brownie (gf) (533 kcal)
Caramel shortcakes (gf) (295 kcal)

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FINGER BUFFETS

(All rates exclude VAT)

Available as a standard option or included in our standard Day Delegate Rate.

Finger buffet lunch includes a selection of sandwiches plus 4 main items and 1 dessert from the following selection:

£21.50
per person

Minimum numbers: 10

SANDWICHES

A selection of sandwiches

VEGETARIAN (V)

Cajun spiced cauliflower wings, coriander sour cream (162 kcal)

Rocket leaf pesto marinated cream cheese peppers (101 kcal)

Vine ripened tomato and baby mozzarella skewer (133 kcal)

VEGAN

Jerk spiced golden corn and spring onion fritters, pepper & lime relish (136 kcal)

Bombay potato roasties, apricot and coriander chutney (125 kcal)

Onion bhaji, sweet chilli dip (36 kcal)

Selection of vegetable dim sum, sweet and sour (233 kcal)

Stir fried vegetable samosa (211 kcal)

Pineapple & toasted coconut skewer (77 kcal)

Beetroot falafel, pepper and lime chutney (127 kcal)

MEAT & FISH

Balti chicken samosa, minty yoghurt and dipping sauce (166 kcal)

Duck spring roll with plum sauce (175 kcal)

Beef burger sliders (231 kcal)

Minted ground lamb and carrot 50/50 shish kebab (131 kcal)

Smoked paprika and honey glazed chicken skewer (242 kcal)

Hoisin and honey glazed pork and leek cocktail sausage (233 kcal)

Tiger prawn and water melon skewer with poppy seeds (29 kcal)

Crispy filo pastry rolled prawns, chilli dipping sauce (111 kcal)

House spiced Seabass pakora, yoghurt raita (269 kcal)

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FINGER BUFFETS

(All rates exclude VAT)

DESSERT

Butter flapjack (298 kcal)

Vegan chocolate cherry brownie (233 kcal)

Mini vegan red velvet cake (202 kcal)

Mixed topped doughnuts (316 kcal)

Selection of seasonal fruit skewers (gf) (vg) (63 kcal)

Add an additional item for £3.95 per person.

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FORK BUFFETS

(All rates exclude VAT)

Available as a standalone option at £27.95 per person or as a £9.00 per person supplement to our standard delegate package.

Meat: please select **one**

Vegetarian: please select **one**

Hot sides: please select **one**

Salads: please select **two**

Desserts: please select **one**

Minimum numbers: 20

MAIN DISHES

Meat

Chicken Cacciatore, rosemary garnished with olive oil potatoes and Mediterranean vegetables (504 kcal)

Layered beef, Worcestershire sauce, mac n cheese bake (793 kcal)

Masala chicken curry, garnish of coriander (338 kcal)

Harissa spiced tender beef, garnish of peppers and chickpeas (613 kcal)

Pork with rainbow peppercorn cream sauce, garnish of mushrooms (819 kcal)

Vegetarian

Sweet pepper mac n cheese and English mustard, onion crumble (668 kcal)

Aubergine and courgette ratatouille with fresh basil (vg) (121 kcal)

Wild mushroom and chestnut stroganoff (275 kcal)

Paprika halloumi with red pesto dressing, bbq tomatoes (552 kcal)

Mixed vegetable masala curry served with Chotanaan bread (145 kcal)

HOT SIDES

Cajun spice dusted potato wedges (298 kcal)

Ginger creamed leeks and cabbage (123 kcal)

Aubergine and courgette ratatouille, fresh basil (121 kcal)

Cumin seed roast cocktail potatoes (225 kcal)

Sweet carrots and garden peas (169 kcal)

Coriander infused basmati rice (358 kcal)

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FORK BUFFETS

(All rates exclude VAT)

SALADS

- Red onion , cucumber, mint yoghurt (35 kcal)
- Seasonal mushrooms, penne pasta, red pepper pesto (268 kcal)
- Carrot, kale, red cabbage, red onion slaw (164 kcal)
- Ginger roasted butternut squash & pumpkin, toasted pine seeds (170 kcal)
- Vine rustic tomato, marinated olives, gem hearts (93 kcal)
- Asian curried slaw, apricots (174 kcal)
- Bean, potato, red onion, fennel (91 kcal)
- Wheatberry kernels, beetroot, cous-cous, goats cheese, lemon vinaigrette (221 kcal)
- Seasonal leaf salad (33 kcal)

DESSERT

- Chocolate orange tart (vg) (gf) (533 kcal)
- Raspberry frangipane tart (vg) (gf) (295 kcal)
- Treacle tart, Cornish clotted cream (476 kcal)
- Carrot & pistachio & walnut cake (vg) (391 kcal)
- Tiramisu, hazelnut biscotti (627 kcal)

ADDITIONAL FISH UPGRADE OPTION

£6.75
per person

- Cajun roasted snapper fillet, creole sauce, garnish of thyme and peppers (308 kcal)
- Seabass fillet with ginger stir fried tiger prawn (372 kcal)

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